

B-102: CHILDHOOD & GROWING UP

Objectives:

The Pupil teacher will be able:

- To understand the salient features & problems of growth and development during different stages.
- To appreciate the role of Educational Psychology: understanding an individual .
- To know the factors influencing the process of growth & development in order to organize teaching for effective learning.
- To develop the ability to apply the knowledge provided by educational psychology to deal with an individual.
- To acquaint the teacher trainees with educational needs of special group of pupil.

Course Content

Unit-I: GROWTH AND DEVELOPMENT

- Meaning, Nature & importance.
- Principles of child development.
- Heredity & environment
- Factors affecting Growth & Development, Individual Differences.

Unit-II: INFANCY

- Characteristics: Development during Infancy.
- Developmental tasks: sensory, language, Physical & motor, Cognitive.
- Concept formation : Piaget & Bruner

Unit-III: CHILDHOOD STAGE: EARLY & LATER

- Characteristics: Development during childhood
- Developmental tasks: Physical, sensory, language, cognitive, emotional.

- Habit formation, Behaviour Problems.
- Childhood education- importance & Significance Common Childhood Problems.

Unit-IV: ADOLESCENCE

- Characteristics: Development during adolescent.
- Developmental tasks: Physical, emotional, social & cognitive, Puberty & Identity development.
- Relationship with family & others in society, Peer group, Problems at adolescence stage.
- Reproductive health care, Role of guidance & counselling with reference to adolescence understand.

Practicum

- Observation & record keeping of the features of child development at different stages (early childhood, later childhood, adolescence).
- Unit test.
- Visit to a school for observing the practices of healthy mental health carried over.
- Listing the change in behaviour of adolescents/ experiences as adolescence.
- Talk with parents, teachers and Principal over the problems.

Books Recommended

1. Singh. A.K.: Shiksha Manovigyan.
2. Dandapani S.: A Textbook of Advanced Educational Psychology: Anmol Publishers.
3. Mishra K.S.: Shiksha Manovigyan ke Naye Kshitig.
4. Pandey R.S. Shiksha Manovigyan.
5. Hurlock E.P.: Child Development.